



CHAPTER 2 What Always works?

A. client factors, systemic factors, and external circumstances

B. the working alliance

→ B.1. Do I feel understood?

→ B.2. authentic attention

→ B.3 . respect

→ B.4. Hope = perspective on positive change

→ co-constructive alliance

C. credibility and expectations

→ C.1 Credibility of change process

→ C.2 Credibility of change agent

→ C.3. Expectations of the client

→ C.4. Expectations of the change agent

→ induce hope

D. model specific interventions

→ D.1 Solution focused techniques

→ D.2 Interventions from other models

→ Crux & Caveat